



MYRTLEFORD

Term 1, 2020 Timetable

Jan 30th – Mar 26th

Tuesday

8.30am-9.45am

10am-11.15am

6.30pm-7.45pm

Thursday

9.30am-10.45am

6pm-7.15pm

Term 1 2020
NEW Prices!
\$20 per casual session
\$17 per session/10 class card

Banking details:
Mina Yoga
BSB: 013 749
Acc.: 467 196 748

Mina Yoga Studio
124 Clemens Ln,
Myrtleford VIC 3737

A typical session includes a warm up, sequences/postures, breath work & relaxation

Bring mat, cushion/bolster, blanket/shawl and water (spares are available)

Length of each session is approx. 1.25hrs

Bookings essential as space is limited

Visit us on FB, minayoga.com.au or call/text Minette on 0421 814 274 for more info

Private sessions, group classes & kids yoga available upon request