



Term 4 Prices
\$15 per session
\$12 kids

Direct deposit:
Mina Yoga
BSB: 013 749
Acc.: 467 196 748

MYRTLEFORD

Term 4, 2019 Timetable

Tuesday

9.30am-10.45am

6.30pm-7.45pm

Thursday

9.30am-10.45am

4.30pm-5.30pm - *Kids Yoga*

6pm-7.15pm

Mina Yoga Studio

124 Clemens Ln Myrtleford VIC 3737

0421 814 274

***Bookings essential as space is limited**

**A typical session includes a warm up, sequences/postures,
breath work & relaxation**

**Bring mat, cushion/bolster, blanket/shawl and water
(spares are available at each class)**

Length of each session is approx. 1.25hrs. Bookings essential as space is limited.

Visit minayoga.com.au for more details or call/text Minette on 0421 814 274